

The NIHF, an autonomous organization, under the Ministry of Health and Family Welfare, Government of India. The institute acts as an 'apex technical Institute' as well as a 'think tank' for the promotion of health and family welfare programs in the country. The post-graduate education and training, research and evaluation, consultancy and advisory services, specialized projects and services in the field of health and family welfare have been the major focus of the Institute. The NIHF is providing Education and Training for more than three decades through its regular courses of MD (CHA), DHA, Post Graduate Diploma in Public Health Management, MPH, Ph.D. and other in-service training programs.

The Distance Learning Cell was set up with the objective to facilitate continuous up-gradation of knowledge and skills of various health personnel for delivering better health care across the country with credentials for leadership in Public Health. The courses cater to the increasing demand for Health Professionals in National and International Public Health Organizations, Public and Private health research institutes, Non-Governmental Organizations (NGOs) in the country.

Programmes Offered

For the academic year 2026-27 the Distance Learning Cell offers six need based academic, professional and, awareness generating courses leading to Post Graduate Diploma in Management (PGDM) as follows

1. Post Graduate Diploma in Management – (PGDM in Health and Family Welfare Management)

Objectives of the Course

On successful completion of the course, the candidate will be able to:

- Describe the existing structure and functioning of the health care delivery system in the country.
- Identify the managerial problems and processes associated with the system.
- Utilize various management concepts/techniques/tools and resources to improve the functioning of the health system.
- Apply the managerial skills to develop the health system.

Number of Seats – 100 Nos.

2. Post Graduate Diploma in Management – (PGDM) in Hospital Management

Objectives of the Course

On successful completion of the course, the candidate will be able to:

- Describe clearly the basic concepts of hospital management
- Apply the managerial skills in hospital environment
- Describe how to manage finance, human and material resources in hospital
- Describe planning and management of hospital and health care services
- Describe planning of patient care and hospital support services
- Formulate a research project

Number of Seats – 300 Nos.

3. Post Graduate Diploma in Management – (PGDM) in Health Promotion

Objectives of the Course

On successful completion of the course, the candidate will be able to:

- Describe the concept of health and health promotion
- Describe the basics of health and disease in a holistic manner
- Explain the role of social determinants of health and other sectors
- Mainstream health promotion in the National Health Programmes (NHPs) and National Health Mission (NHM)
- Assess the policy context of health promotion and the effective use of resources in different settings
- Design strategies for health promotion in different settings
- Analyze and interpret available data at district, state and national level for health promotion
- Describe the concept of health education, IEC, BCC and IPC for health promotion
- Plan, monitor and evaluate the health promotion programmes

Number of Seats – 150 Nos.

4. Post Graduate Diploma in Management – (PGDM) in Applied Epidemiology

Objectives of the Course

On successful completion of the course, the candidate will be able to:

- Acquire knowledge of various epidemiological techniques and uses of Epidemiology.
- Conduct Epidemiological investigation into disease causation and outbreak.
- Demonstrate ability to use the skills related to epidemiology for the improvement in health system.

Number of Seats – 300 Nos.

5. Post Graduate Diploma in Management – (PGDM) in Public Health Nutrition

Objectives of the Course

The candidate on successful completion of the course will be able to:

- Generate greater awareness and understanding of the nutritional sciences relating to the field of Public Health Nutrition (PHN)
- Demonstrate an understanding of the approaches, methods and skills in PHN for nutrition and Health promotion of the masses
- Demonstrate an understanding of the political, institutional, social and scientific influences on PHN
- Develop the ability to translate research into practice through skills in nutrition surveillance, policy/ programme planning, implementation and evaluation as well as overall management of the programmes
- Conceptualize the interdisciplinary perspective of PHN at all levels – individual, household and community in the context of state, national and international scenario.

Number of Seats – 300 Nos.

6. Post Graduate Diploma in Management – (PGDM) in Health Communication

Objectives of the Course

The candidate on successful completion of the course will be able to:

- Describe communication theory and practice and the basic concepts of health and diseases in various cultural contexts
- Utilise communication channels to inform the target audience on health
- Explain the media law and advocacy programs
- Design a health communication strategy
- Monitor and evaluate the health communication programs

Number of Seats – 300 Nos.

COURSE NAME	QUALIFICATION	ELIGIBILITY
PGDM- HOSPITAL MANAGEMENT	MBBS/MS/MD/BD S/MDS, AYUSH Doctors and B.Sc. Nursing	• Must be registered with respective national council. • Experience of 2 years for MBBS & Other medical graduates and 4 years experiences for B.Sc. Nursing is essential.
PGDM- HEALTH AND FAMILY WELFARE	MBBS/MS/MD/BD S/MDS, AYUSH Doctors and B.Sc. Nursing	• Must be registered with respective national council. • Experience of 2 years
PGDM-HEALTH PROMOTION	MBBS/MS/MD/BD S/MDS, AYUSH Doctors and B.Sc. Nursing	• Must be registered with respective national council • Experience of 2 years
PGDM-PUBLIC HEALTH NUTRITION	All Medical Graduates, Paramedical staff like B.Pharm and Graduate in Science/Social Sciences	• Must be registered with respective national council (wherever applicable) • Experience of 2 years

PGDM- APPLIED EPIDEMIOLOGY	All Medical Graduates, Graduate in Science/Social Sciences, Master in Public Health, Graduation in Epidemiology and Statistics	• Must be registered with respective national council (wherever applicable) • Experience of 2 years
PGDM- HEALTH COMMUNICATION	All Medical Graduates, B.Sc. Nursing, General Nursing Midwifery and Graduate in Science/ Social Science	• Must be registered with respective National council (Wherever applicable). • Experience of 2 years
NOTE :- INTERNSHIP PERIOD WILL NOT BE CONSIDERED AS EXPERIENCE		

Course Fees: Rs. 35,000/-
(Rupees Thirty Five Thousand only)

Duration : 15 Months

Medium : English

The link for filling online application form for student:

<http://dlc.nihfw.ac.in/>

LAST DATE TO APPLY – 14th August 2026
with Late fee 15th September, 2026

For More Information, Please contact

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DISTANCE LEARNING COURSES

2026-27

Recognized by All India Council of Technical Education (AICTE) and approved by Ministry of Health and Family Welfare (MoHFW), Government of India



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AND FAMILY WELFARE
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