



प्रोफेसर जयंत के. दास निदेशक, रास्वापक संस्थान जुलाई 31, 2019 तक



श्री सुधांशु पंत प्रभारी निदेशक एवं संयुक्त सचिव (प्रशिक्षण) स्वा. प. क. मंत्रालय, भारत सरकार अगस्त 01, 2019 से सितम्बर 30, 2019



प्रोफेसर हर्षद ठाकुर निदेशक, रास्वापक संस्थान अक्टूबर 01, 2019 से

World Population Day-2019

The World Population Day was observed in the Institute on 11th July 2019. The Department of Statistics & Demography coordinated the event with the help of first year MD (CHA) and DHA students. Prof. Pushpanjali Swain, Head of the Department of S&D presented an overview of the history of World Population Day as well as the current scenario of India's population.

An interactive quiz competition was held on the occasion and the winners were given away prizes.

A skit written by a student which was centred on different messages related to family planning and contraception was enacted by MD (CHA) first-year DHA students. Prof. Jayanta K. Das, the then Director, NIHFW, shared his experiences with the audience.



A glimpse of skit enacted by the students

Sadbhavana Diwas

In commemoration of the birthday of Hon'ble ex-Prime Minister of India, late Sh. Rajiv Gandhi; *Sadbhavana Diwas* was observed in the Institute on 20th August 2019. The *Sadbhavana* Pledge was administered by the Deputy Director (Admn.) on behalf of the Joint Secretary and Director-in-Charge, Shri Sudhanshu Pant. This year's theme of *Sadbhavana* Day was to promote National Integration and Communal Harmony amongst people of all religions, languages and regions. The idea behind *Sadbhavana Diwas* is to eschew violence and to promote goodwill amongst people of all religions, languages and regions.

Public Health Systems Capacity Building in India (PHSCBI)

Public Health Systems Capacity Building in India Project (PHSCBI) was established at NIHF on 20th November 2014 for a period of five years, to strengthen surveillance activities, outbreak investigation and improve managerial skills of health work force working at the state and district level. The main objectives of project are to improve the knowledge and skills of the personnel in data analysis, identifying, and prioritizing health problems; designing evidence-based interventions; and investigating and responding to outbreaks. Some of the significant activities of PHSCBI in the reported quarter are listed below:



Group Photograph of Frontline Epidemiology Training Course at Karnataka

Frontline Epidemiology Training Course in Bengaluru, Karnataka for (Cohort-2)



Dr. Shiv Lal addressing to the participants in the training on frontline Epidemiology.

Workshop-I (Cohort-2) of the training programme was conducted in Bengaluru, Karnataka during 9th - 12th July 2019. 10 mentors and 29 participants participated in the first workshop. Mentoring for surveillance was conducted during 15th July - 3rd September 2019. Workshop-II (Cohort-2), Frontline Epidemiology Training Course was conducted in Bengaluru, Karnataka during 3rd - 7th September 2019 in which 8 mentors trained 21 participants. Mentoring for Outbreak Investigation was started on 9th September 2019 which will continue till the conduction of workshop-III.

Frontline Epidemiology Training Course in Bhopal, Madhya Pradesh



Recourse person conducting training seasons during frontline Epidemiology Training Courses at Madhya Pradesh.

Workshop-III of the training course was conducted during 16th - 17th July 2019 in Bhopal, Madhya Pradesh in which 8 mentors trained 32 participants.

Among other things, the Sr. Advisor (PH), Advisor (PHM), Training Coordinators and Research Officers visited Karnataka and Madhya Pradesh to conduct the workshops of

Frontline Epidemiology Training. The course reports of the Frontline Epidemiology Training workshops were prepared and submitted to the concerned officials. Similarly, draft Modules and Facilitator Guide of Public Health Management such as (i) Material Management, (ii) Human Resources Management (I), (iii) Human Resources Management (II), (iv) Public Health Programme Planning, and (v) Public Health Management (General) and Principles of Management (Material Techniques) were finalized for conduction of Public Health Management Training.

Centre for Health Informatics of National Health Portal

The CHI added brief information on new diseases like Herpes Zoster Ophthalmicus, Spinal Cord Injury, Malingering Eye Diseases, High risk pregnancy, Conjunctival Foreign Body under the Diseases A-Z section. 53 existing diseases of the Diseases A-Z section were reviewed during the NHP revamping activities. New content created on Mouth Breathing was published under the oral health. Similarly, new contents were created on Donation and Transplantation of Human Organs and Tissues, Demography Cycle with World Population Trends, Demographic Profile of India with Health Indicators, Mercury Toxicity, Mobile Phones and Health; and published under the Miscellaneous Section. CHI has also created new content on World Patient Safety Day in the Health Wellness Calendar of NHP.

New Modules for diseases have been created on Pleurisy (Zat-ul-Janb), Halitosis (Bakhr-ul-Fam), Zanjabeel/Adrak (Zingiber officinale Roscoe), Sambhaloo (Vitex negundo Linn.), Erectile Dysfunction, Drug Substitution in Unani Medicine; and published under the AYUSH section. Contents of 2 AYUSH modules have also been reviewed during the NHP revamping activities.

CHI conducted sensitization session about its activities to three batches of PG students (Medical-Community Medicine) and one batch of nursing students. Two-page advertorial in English highlighting the MoHFW's initiatives on different health issues- '*Jan Jagrukta Abhiyaan: An Initiative for Community Mobilization to Prevent Vector-Borne Diseases,*' and '*Use of Digital Technologies for Health System Strengthening*' and one full page advertisement each in Hindi and English on '*Prevent Mosquito-Borne Diseases*', and '*Ayushman Bharat PM-JAY*' were published in the months of August and September 2019 respectively in the monthly Airport India Magazine for dissemination of information.

NHP has made a remarkable social media presence with a twitter impression of approx 13 lakh and Facebook post reaching approximately three lakh during this quarter. NHP team regularly updates health tips and messages on social media. It developed the central dashboard for Ministry of Health and Family Welfare for monitoring and evaluation of different national health programmes of the Ministry. It also participated in the formulation of National Digital Health Blueprint prepared by the eHealth Division.

Staff Activities

Dr. V. K. Tiwari, Professor and Head, Department of Planning and Evaluation

- Attended a confidential meeting during 19-23 August 2019 in the National Testing Agency, NOIDA, U.P.

Dr. Poonam Khattar, Professor and Acting Head, Department of Communication

- Guest of Honour in the Teacher's Training on Oral Health Promotion for the Kendriya Vidyalayas; organized by the Centre for Dental Education and Research (CDER), All India Institute of Medical Sciences, New Delhi, in association with the Union Ministry of Health and Family Welfare; held on 26 August 2019.
- Took lecture sessions on Gender Concepts and Gender Budgeting on 27 and 28 August 2019 respectively in the Advanced Professional Programme in Public Administration for the senior officers of the Government of India, at the Indian Institute of Public Administration, (IIPA) Delhi.

- Took lecture sessions on Conceptual, Theoretical and Practical Aspects of Health Literacy and Health Promotion; and Health Literacy for Healthcare Professionals in the WHO Fellowship Programme on Health Literacy Promotion for the Officers of the Ministry of Health and Sports, Myanmar, on 23 and 24 September 2019 respectively at the International Institute of Health Management Research, Delhi.

Papers Published

- Y. S. Kurniawan, A.C. Imawan, S. Ramachandra Rao, K. Ohto, W. Iwasaki, M. Miyazaki, Jumina (2019). Microfluidics Era in Chemistry Filed- A Review, Journal of the Indonesian Chemical Society, Vol. 2(1), 7-23, (DOI: 10.34311/jics.2019.02.1.7).
- Singh S. K. and Narayan Raj (2017). Pattern of Remittances and Income Distribution among Migrant and Non-migrants Households in Eastern Uttar Pradesh. Health and Population: Perspective and Issues, Vol. 40 (3&4), p. 97-110.

SFC Meeting

The 61st meeting of the Standing Finance Committee was held on 16th July 2019. Ms. Preeti Sudan, Secretary- H&FW, chaired the meeting in which various financial issues were discussed. Amongst others, Dr. Ashok Kumar Saxena, DGHS; Dr. Dharmendra Singh Gangwar, Additional Secretary, H&FW; Shri Alok Kumar, NITI Aayog; and Shri Sudhansh Pant, Joint Secretary- Training H&FW attended the meeting.

हिंदी पखवाड़ा 2019

- राष्ट्रीय स्वास्थ्य एवं परिवार कल्याण संस्थान में 1–15 सितम्बर, 2019 की अवधि में विभिन्न प्रतियोगी एवं रोचक कार्यक्रमों के साथ हिंदी पखवाड़ा मनाया गया। 02 सितम्बर, 2019 को निबंध प्रतियोगिता तथा हिन्दी टंकण प्रतियोगिता, 03 सितम्बर, 2019 को टिप्पण एवं प्रारूपण प्रतियोगिता, 04 सितम्बर, 2019 को वाद-प्रतिवाद प्रतियोगिता, 11 सितम्बर, 2019 को श्रुतलेख प्रतियोगिता तथा 13 सितम्बर, 2019 को प्रश्नोत्तरी प्रतियोगिताओं का आयोजन किया गया। प्रश्नोत्तरी एवं श्रुतलेख प्रतियोगिता को छोड़कर अन्य सभी प्रतियोगिताएं गैर-हिंदी भाषी वर्गों के लिए भी आयोजित की गईं। प्रतियोगिताओं में प्रथम, द्वितीय, तृतीय एवं प्रोत्साहन पुरस्कार प्रदान किए गए।
- संस्थान के उप निदेशक (प्रशासन) श्री अनिल कुमार की संकल्पना से 'कौन बनेगा ज्ञानपति' प्रतियोगिता की शुरुआत विगत वर्ष से हिन्दी पखवाड़े के दौरान की गई थी। इसी क्रम में इस वर्ष 'कौन बनेगा ज्ञानपति' प्रतियोगिता का आयोजन किया गया। प्रतियोगिता को दो चरणों, लिखित एवं मौखिक (प्रश्न मंच), में संपन्न किया गया। लिखित परीक्षा दिनांक 06 सितंबर, 2019 को एवं मौखिक परीक्षा दिनांक 11 सितंबर, 2019 को आयोजित की गईं। इस प्रतियोगिता का आयोजन पावर प्वाइंट प्रजेंटेशन के द्वारा किया गया। उप निदेशक (प्रशासन) ने बड़े रोचक ढंग से इस प्रतियोगिता का संचालन किया और कई प्रकार की संबद्ध जानकारियों से दर्शकों/श्रोताओं को लाभान्वित किया।
- 13 सितम्बर, 2019 को संस्थान के प्रेक्षागृह में हिन्दी दिवस समारोह आयोजित किया गया। इस अवसर पर संयुक्त सचिव (प्रशिक्षण) एवं संस्थान के प्रभारी निदेशक श्री सुधांशु पंत मुख्य अतिथि के रूप में उपस्थित थे। उन्होंने हिन्दी के प्रयोग को बढ़ावा देने के निमित्त संस्थान में कार्यरत सदस्यों को संबोधित किया। श्री सुधांशु पंत ने अपने संबोधन में राजभाषा हिन्दी में अधिकाधिक कार्य करने की अपील की। इस अवसर पर संस्थान में हिन्दी पखवाड़े के दौरान आयोजित प्रतियोगिताओं के विजेताओं को पुरस्कृत किया गया। समारोह का संचालन डॉ. गणेश शंकर श्रीवास्तव ने किया। श्री अरविन्द कुमार, सहायक निदेशक-राजभाषा ने संस्थान में हिन्दी की प्रगति एवं उपलब्धियों संबंधी प्रतिवेदन पावर प्वाइंट प्रजेंटेशन के माध्यम से प्रस्तुत किया। डॉ. अंकुर यादव ने सभी का धन्यवाद व्यक्त किया। कार्यक्रम में संकाय सदस्य और अन्य कर्मचारी उपस्थित थे।

हिन्दी व्याख्यानमाला का आयोजन

दिनांक 05 सितंबर, 2019 को संस्थान के प्रेक्षागृह में हिन्दी माध्यम में व्याख्यानमाला का आयोजन किया गया। इस अवसर पर प्रजापिता ब्रह्मकुमारी ईश्वरीय विश्वविद्यालय से पधारीं बहन सुश्री अनीता जी ने 'तनाव मुक्त जीवन शैली' विषय पर व्याख्यान दिया। इसके साथ ही, उपस्थित सदस्यों को ध्यान क्रियाओं का अभ्यास भी कराया गया। संस्थान के उप निदेशक (प्रशासन) श्री अनिल कुमार ने ध्यान के महत्व को रेखांकित करते हुए कहा कि अपने सरकारी कामकाज से संबंधित निर्णयों को लेते समय हमें शांत एवं स्थिर-चित्त होना चाहिए।

स्वतंत्रता दिवस समारोह

राष्ट्रीय स्वास्थ्य एवं परिवार कल्याण संस्थान में 15 अगस्त, 2019 को स्वतंत्रता दिवस समारोह मनाया गया। इस अवसर पर संयुक्त सचिव (प्रशिक्षण) एवं संस्थान के प्रभारी निदेशक श्री सुधांशु पंत ने ध्वजारोहण किया एवं उपस्थित लोगों को संबोधित किया। इस अवसर पर श्री पंत द्वारा वृक्षारोपण भी किया गया। सुश्री अनीमा सिन्हा के निर्देशन में संस्थान के स्टॉफ सदस्यों के बच्चों द्वारा एक संगीत कार्यक्रम भी प्रस्तुत किया गया।



श्री सुधांशु पंत, प्रभारी निदेशक, रास्वापक संस्थान में झण्डा रोहण करते हुए।



श्री सुधांशु पंत, प्रभारी निदेशक, रास्वापक संस्थान में वृक्षारोपण करते हुए।



संस्थान के कर्मचारी 15 अगस्त के दिन बच्चों का उत्साह वर्धन करते हुए।



संस्थान के कर्मचारियों के बच्चों द्वारा राष्ट्रगान की प्रस्तुति देने हुए।

चित्र दीर्घा



एन.टी.पी.सी प्रशिक्षण पाठ्यक्रम का समूहिक चित्र।



एन.टी.पी.सी प्रशिक्षण पाठ्यक्रम के दौरान प्रा. पूनम खट्टर, श्री अनिल कुमार, उप-निदेशक एवं डा. अंकुर यादव।



सीनियर निरसिंग प्रशासन प्रशिक्षण पाठ्यक्रम का समूहिक चित्र।



हेल्थ केयर कम्यूनिकेशन प्रशिक्षण पाठ्यक्रम का समूहिक चित्र।



संस्थान में कर्मचारियों द्वारा वृक्षारोपण।

Training Courses Organised

| S.No. | Title | Date | Coordinator | Number of Participants |
|-------|--|-------------------------------------|---------------------------|------------------------|
| 1. | Training of Trainers under National Tobacco Control Programme | 8-12 July 2019 | Prof. Poonam Khattar | 28 |
| | | 22-26 July 2019 | | 32 |
| | | 5 - 9 August 2019 | | 23 |
| | | 2-6 September 2019 | | 24 |
| 2. | 2 nd International Training Course on Vaccine and Cold Chain Management for Immunization Planners and Programme Managers | 14-18 July 2019 | Prof. Sanjay Gupta | 36 |
| 3. | Training of Cold Chain Technicians on Repair & Maintenance of Ice Lined Refrigerator (ILR), Deep Freezer (DF) and Voltage Stabilizer | 20-28 August & 11-19 September 2019 | Prof. Sanjay Gupta | 38 |
| 4. | Technical support for Maharashtra for EVM Improvement Development workshop (in Pune) | 29-31 August 2019 | Prof. Sanjay Gupta | 38 |
| 5. | Training on Data Analysis using Statistical Software for Health and Demographic Research | 2-6 September 2019 | Prof. Pushpanjali Swain | 24 |
| 6. | Training on Vaccine and Cold Chain Management for Immunization Programme Managers | 2-6 September 2019 | Prof. Sanjay Gupta | 24 |
| 7. | Training Course on Health Care Communication for Medical Officers, Dentists, Nursing Officers, Paramedical Officers and other related Health Professionals | 16-20 September 2019 | Prof. Mihir Kumar Mallick | 20 |

National Cold Chain Management Information System is the national MIS to maintain the cold chain related inventory. During the quarter, the NCCVMRC team technically facilitated in the conduction of three state NCCMIS review workshops in Tripura, Nagaland and Assam. NCCVMRC team supported the states in analysing the different data sets and indicators available at NCCMIS i.e. Supportive Supervision, iTMIS, Spare Parts indenting, and NCCMIS usage and updation.

Forthcoming Training Courses and Workshops

| S. No. | Name of the Training Programme | No. of Course(s) | Coordinator(s) | Proposed Dates |
|--------|---|------------------|--------------------------|---|
| 1 | 16 th Training Course on “IT Application for Information Management in Health Science Libraries” | 1 | Sh. Salek Chand | 14-18 October, 2019 |
| 2 | Training of Trainers under National Tobacco Control Programme (NTCP) | 1 | Prof. Poonam Khattar | 14-18 October, 2019 |
| 3 | Training Course on Strengthening Midwifery Practices for Safe Motherhood in India. | 1 | Dr. Nanthini Subbiah | 14- 22 October, 2019 |
| 4 | Training of Cold Chain Technicians in Repair and Maintenance of ILR, DF & Voltage Stabilizer. | 2 | Prof. Sanjay Gupta | 16-24 October, 2019 20-28 November, 2019 |
| 5 | Application of Research Techniques to Assess Male Reproductive Functions. | 1 | Prof. T. G. Shirvastav | 21-25 October, 2019 |
| 6 | Training on Vaccine and Cold Chain Management (T-VaCC) | 1 | Prof. Sanjay Gupta | 4-8 November, 2019 |
| 7 | Training Course on Monitoring and Evaluation Under NHM. | 1 | Prof. V. K. Tiwari | 4 - 9 November, 2019 |
| 8 | Training Course on Capacity Building of IEC Officers in Communication Skills under NHM. | 1 | Dr. Ankur Yadav | 18-22 November, 2019 |
| 9 | Gender-Based Violence and Human Rights for Promoting Women Health under NHM. | 1 | Dr. Meerambika Mahapatro | 18-22 November, 2019 |
| 10 | Training Course on Research Methodology. | 1 | Dr. Nanthini Subbiah | 2-10 December, 2019 |

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| | |
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