

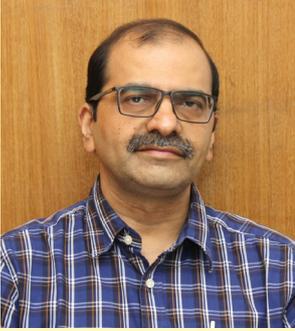


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# The NIHFW Newsletter

The National Institute of Health and Family Welfare  
Vol. XXII, No. 1, January-March 2020

## From the Desk of the Director



Dear readers,

It's my pleasure to present you the various activities of the first quarter of 2020. This quarter is very important for us because we celebrated the Republic Day of our nation in January followed by the Annual Day of the Institute on 9 March. Various training activities were held during the quarter, and the trainees benefitted from these. The Corona pandemic posed a dangerous threat worldwide, it also hindered and disturbed our schedule to some extent; yet we kept the momentum of all the other regular activities in spite of a restricted manpower.

I feel honoured that we celebrated the 43rd Annual Day of the Institute, and Hon'ble Union Minister of Health and Family Welfare, Dr. Harsh Vardhan graced the day as the Chief Guest. He appreciated the works achieved by NIHFW on various fronts and at the same time, he hoped that its activities must become more dynamic by widening the activities in the areas of training, academic research and education. Dr. Dharmendra Singh Gangwar, Additional Secretary and Financial Advisor, Ministry of Health and Family Welfare, graced the occasion as the Guest of Honour. Being the Director of the Institute, it's my motto to imbibe positivity amongst the staff so that they are enthused work together to take the Institute to greater heights.

To enhance some creative thinking in the office atmosphere, apart from the regular programmes, we organized cultural evening on 21 January 2020.

I must say that I'm happy with the kind of support and cooperation that I got from all the staff of various units and sections. I honour their services. A brief of these activities are presented in this issue of the newsletter.

**Dr. Harshad Thakur**  
Director and Chief Editor

## 43rd Annual Day Celebration

The National Institute of Health and Family Welfare celebrated its 43rd Annual Day on 9 March. Hon'ble Union Minister of Health and Family Welfare, Dr. Harsh Vardhan graced the occasion as the Chief Guest; and Dr. Dharmendra Singh Gangwar, Additional Secretary and Financial Advisor, Ministry of Health and Family Welfare, graced the day as the Guest of Honour. The event started with the lighting of the traditional lamp with recitation of Saraswati Vandana. At the outset, Dr. Harshad Thakur, Director, NIHFW presented a brief of the annual activities highlighting the achievements of the Institute during 2019-2020. Addressing



Hon'ble Chief guest Dr. Harsh Vardhan, Union Health and Family Welfare Minister addressing the audience during Annual Day Celebration

the gathering, Hon'ble Chief Guest Dr. Harsh Vardhan said that The National Institute of Health and Family Welfare should expand its role by systematic synergy and coordination between various institutions on the domain of public health and family welfare, and wished NIHFW to take the lead. Dr. Vardhan appreciated the works achieved by NIHFW on various fronts and at the same time, he hoped that its activities must become more dynamic by widening the activities in the areas of training, academic research and education. He called the people in the health business to perform their duties responsibly so that not a single pregnant-woman or a new-born doesn't die.

Dr. Dharmendra Singh Gangwar, wished that

NIHFW should take the lead to develop itself as a Nodal Training Centre of Health and Wellness.

On this occasion, the guests released the Silver Jubilee issue of the Hindi magazine ‘Jan Swasthya Dhaarna’. The Chief Guest and the Guest of Honour gave away the prizes to the Best Workers and the Best Sports Persons. Dr. Vardhan also visited the National Cold Chain and Vaccine Management Research Centre (NCCVMRC). Prof. V.K. Tiwari, Dean, presented the Vote of Thanks. Prof. Poonam Khattar and Mr. VP Uprati anchored the programme.



On the occasion of Annual Day Hon'ble Chief guest Dr. Harsh Vardhan, Union Health and Family Welfare Minister, Dr. Dharmendra Singh Gangwar, Additional Secretary and Financial Advisor, MoHFW, Prof. Harshad Thakur, Director, Prof. V. K. Tiwari, Dean, NIHFW facilitating the lighting of Lamp and distribution of Awards to best students, employees and sport persons

## New Year Day

All the employees of the Institute gathered on the lawns on the New Year day and exchanged greeting with each-other. Prof. Harshad Thakur wished everybody peace, prosperity and good health.



On the occasion of New Year Day Prof. Harshad Thakur, Director, Prof. V. K. Tiwari, Dean, NIHFW addressing the NIHFW staff.

## Cultural Evening

On the occasion of completion of 4th Foundation Training Programme for Newly Recruited Central Health Services (CHS) Medical Officers, an open air Cultural Evening was organized on the lawns behind the Academic Block of the Institute on 21 January. Prof. Harshad Thakur, Director, inaugurated the programme; and welcomed the performers by presenting saplings and shawls. On the occasion, artists from the East, West, North-east, North and South regions of the Song and Drama Division, Union Culture Ministry, performed Bihu, Ghoomar, Gidda, Gilbani, etc.

Ghazal singer Mr. Mohan presented some wonderful ghazals. Noted poet Mr. Ajay Tiwari impressed the audience with his poetry-reading. Mr. Anil Kumar, Deputy Director (Admn.) also sang a song. Dr. Ganesh Shanker Srivastav anchored the programme and presented saplings to the artists.

## Republic Day Celebration

Dr. Harshad Thakur, Director, unfurled the Tricolour on 26 January in front of the Administrative Block. The staff and others sang the National Anthem. Prof. Thakur presented his Republic Day wishes to all, and appealed everybody to render their services to the county and the Institute in a dignified manner. On this occasion senior faculty members also expressed their views.

## Annual Sports Day

As usual, the Annual Sports Day was held on the ground on 7 March 2020. Some sports events had already been organized before 7 March while some events were conducted on that day. Winners of various sports and games were presented with prizes. Director, NIHF, presided over the event. On this occasion Mrs. Madhavi Thakur was the chief guest.



Chief guest Madhavi Thakur and Prof. Harshad Thakur, Director NIHF presiding the Annual Sports Day



Prof. Harshad Thakur, Director, NIHF distributing prize to Shri V. P. Uprati

## 4th Foundation Training Programme for Newly Recruited Central Health Services (CHS) Medical Officers

NIHF in collaboration with the Ministry of Health and Family Welfare organized the fourth Foundation Training Programme for CHS General Duty Medical Officers from 16th December, 2019 to 25th January, 2020. A total of 85 Medical Officers were trained in these courses. These doctors were trained in the areas of administration, management, supervision, leadership, communication, conduction of office procedures, Government of India Rules, etc. These medical officers were given wider exposure on urban and rural health facilities like CGHS dispensaries, hospitals, sub-centres, primary health centres, community health centres, district hospitals, AYUSH institutions and also the national level central health institutes. The objectives of the Foundation Training Programme focused to enhance the management capabilities of newly appointed medical officers under CHS and enable them to perform their duties effectively and efficiently.

The participants of this training were also called on by the Hon'ble President of India, Shri Ram Nath Kovind on 23 January, 2020 in the Rashtrapati Bhawan. Secretary, Health and Family Welfare, Director, NIHF and other senior officers from the Ministry of Health and Family Welfare and NIHF also attended the programme. The Hon'ble President in his address to the participants, congratulated the NIHF for successfully conducting the programme. He asked the doctors to serve the country with a deep sense of commitment and wished them all the success in their career ahead.

## National Cold Chain and Vaccine Management Resource Centre (NCCVMRC)

- NCCVMRC participated in the 64th National Annual Conference of Indian Public Health Association held at All India Institute of Medical Sciences, New Delhi from 29th February to 2nd March 2020.
- 1st meeting of National Technical Advisory Body (NTAB) on cold chain and logistics was held on 7th February 2020 at NIHFW. The meeting was chaired by Director, NIHFW and co-chaired by Prof Sanjay Gupta. The meeting was attended by members from diverse domains such as government, public health, cold chain, automobile, and engineering.
- A meeting for all Immunization Partners (WHO, UNICEF, JSI, ITSU) was conducted at NCCVMRC on 22nd January 2020 for orienting the Immunization partners on the use of ITMIS and Supportive Supervision of Primary Stores. The meeting was chaired by Dr. M K Aggarwal, Joint Commissioner, UIP, MoHFW, Government of India.
- Dr. Ginisha Gupta, Technical Officer (Monitoring and Equity Immunization), NCCVMRC presented a paper on “Post-floods rapid needs assessment, Somwarpet block, Kodagu district, Karnataka, India” at , Field Epidemiology Training Programmes India Conference (FETP ICON) 2020 held at Hotel Radisson Blu Temple Bay, Mammallapuram, Tamil Nadu from 3-5 March 2020.
- State level National Cold Chain & Management Information System (NCCMIS) review meeting was conducted at NCCVMRC on 16th to 17th January 2020 for conducting State review by using various modules of NCCMIS and capacity building of district officials on newer modules of NCCMIS. 28 District and State officials from Department of Medical and Health, Government of Delhi.

### Director’s Participation in Significant Meetings/Forums

S. No.	Date	Nature of Contribution	Nature of Activity	Place
<b>Prof. Harshad Thakur, NIHFW</b>				
1.	3 <sup>rd</sup> January, 2020	Expert	Meeting regarding Developing a Training Programme for the Comprehensive Counselling for Lifestyle and Substance Abuse Cessation for Nurses	National Tobacco Control Programme, DGHS, MoHFW, New Delhi
2.	7 <sup>th</sup> January, 2020	Expert	Stakeholder’s Consultation to discuss “Concept Note Development Process” for the Global Fund grant for period 2021-24.	India CCM Secretariat, New Delhi
3.	7 <sup>th</sup> January, 2020	Expert	National Expert Committee (NEC) for National List of Essential Assistive Products (NLEAP),	Indian Council of Medical Research, New Delhi.
4.	13 <sup>th</sup> January, 2020	Chaired	Inaugural Function of the one-day investigator’s meeting of the project “Rapid assessment of knowledge and practices regarding Maternal, Infant and Young Child Nutrition (MIYCN) among the FOGSI and IAP members working in private health care establishments (HCE)” Indian Association of Preventive and Social Medicine (IAPSM) with support from Alive and Thrive in partnership with FOGSI and IAP in five state of the country	PHFI, Gurugram
5.	13 <sup>th</sup> January, 2020	Member	13 <sup>th</sup> Governing Body of IIHMR, Delhi	Indian Institute of Health Management Research, Delhi
6.	15 <sup>th</sup> -16 <sup>th</sup> , January, 2020	Partner	Signing of Memorandum of Understanding and finalization of training programmes under the project Capacity Building in Public Health Emergency and Hospital Preparedness for Health Emergencies.	Seth G.S. Medical College & King Edward Memorial Hospital (KEM), Mumbai
7.	17 <sup>th</sup> January, 2020	Expert	Selection Committee Meeting for the posts of Consultant (Training & Public Health)	National Institute of Public Health Training and Research, Mumbai
8.	28 <sup>th</sup> January, 2020	Expert	Meeting of National Task Force on Implementation of SDG-3	NHM Division of MoHFW, New Delhi
9.	27 <sup>th</sup> -29 <sup>th</sup> , January, 2020	External Examiner	Practical Examination in Community Medicine of 3 <sup>rd</sup> MBBS Part-I Examination	Ananta Institute of Medical Sciences and Research Centre, Rajasamand, affiliated to Rajasthan University of Health Sciences (RUHS)
11.	1 <sup>st</sup> March, 2020	Chairman	Scientific session in the 64 <sup>th</sup> Annual National Conference of Indian Public Health Association (IPHA) - IPHACON 2020	AIIMS, New Delhi

S. No.	Date	Nature of Contribution	Nature of Activity	Place
12.	17 <sup>th</sup> March, 2020	Expert	Consultation Meeting at NITI Aayog under the Chairmanship of Dr. V.K. Paul, Member (Health) NITI Aayog to discuss the need for public health approach to address Non-Alcoholic Fatty Liver Disease (NAFLD)	Niti Aayog, New Delhi

### Faculty Participation in Significant Meetings/Forums

S. No.	Date	Nature of Contribution	Nature of Activity Topic	Place
<b>Dr. T. G. Shrivastav, Professor and Head, Department of Reproductive Biomedicine</b>				
1.	16 <sup>th</sup> January, 2020, 3 <sup>rd</sup> - 4 <sup>th</sup> March, 2020	Examiner	Project Report : Nanomedicine for funding and extension of projects	ICMR, New Delhi
2.	9 <sup>th</sup> February, 2020	Examiner	Ph.D thesis : Effect of leaf of Camella sinensis (L) on testicular hypofunction in streptozotocin-induced diabetic albino rat	Vidyasagar University, Pachim Medinipur, West Bengal
3.	19 <sup>th</sup> February, 2020 and 5 <sup>th</sup> March, 2020	Examiner	M. Phil Dissertation : Abnormal levels of follicular fluid exosomal APOE/APOA IV in PCOS women	University of Delhi, Delhi
<b>Dr. J. K. Das, Professor and Head, Department of Epidemiology</b>				
1.	15 <sup>th</sup> January, 2020	Member	Project Report: CBRN trainings	NDMA, New Delhi
2.	29 <sup>th</sup> January, 2020 and 26 <sup>th</sup> February, 2020.	Member	Meeting: Classification of AFP cases	R. K. Khanna Tennis Stadium, New Delhi
3.	31 <sup>st</sup> January, 2020	Special Invitee	Workshop: CBRN Emergency Management	Hotel Samrat, New Delhi
4.	3 <sup>rd</sup> February, 2020	Invitee Member	Meeting: HTA In Stakeholders	MoHFW, New Delhi
5.	5 <sup>th</sup> - 7 <sup>th</sup> February, 2020.	Guest Faculty	Workshop: Health Management	VMMC and Safdarjung Hospital, New Delhi
6.	17 <sup>th</sup> March, 2020	Invitee Member	Consultation meeting: Health approach to address Non-Alcoholic Fatty Liver Disease (NAFLD)	NITI Aayog, New Delhi
7.	18 <sup>th</sup> March, 2020	Core Group Member	Expert Committee Meeting: Revision of Post Graduate Diploma in Hospital & Health Management (PGDHHM)	IGNOU Campus, New Delhi
<b>Dr. Rajni Bagga Professor and Head, Department of Social Sciences</b>				
1.	29 <sup>th</sup> January and 14 <sup>th</sup> February, 2020	Team Leader	Expert Group (EG) and Project Review Group (PRG) meetings Socio-Behavioural & Health Systems Research	ICMR, New Delhi
3.	29 <sup>th</sup> January, 18 <sup>th</sup> March, and 30 <sup>th</sup> March, 2020.	Member	Max Healthcare Ethics Committee (MHEC)	Saket, New Delhi
<b>Dr. Sanjay Gupta, Professor and Acting Head, Department of MCHA</b>				
1	29 <sup>th</sup> February, 2020	Chaired	Conference: 64 <sup>th</sup> National Conference of Indian Public Health Association	AIIMS, New Delhi
<b>Dr. Poonam Khattar, Professor and Acting Head, Department of Communication</b>				
1.	12 <sup>th</sup> - 13 <sup>th</sup> February, 2020	Resource person	“Promotion of Healthy Lifestyle” in the National Workshop on School Health and Wellness Ambassador Initiative under Ayushman Bharat	Hotel Le Meridian, New Delhi
<b>Dr. Meerambika Mahapatro, Associate Professor, Department of Social Sciences</b>				
1	20 <sup>th</sup> - 21 <sup>st</sup> February, 2020	Resource person	Gender Issues – Concept, Social and Physiological Aspects	NTA ESIC, New Delhi
2	7 <sup>th</sup> March, 2020	Resource person	Does Women Wellbeing Count? Internalization and Institutionalization of roles and rights to protect Human Rights	AIIMS, Raipur
3	13 <sup>th</sup> March, 2020	Resource person	Human Rights for Promoting Women Health	Gurugram, New Delhi

S. No.	Date	Nature of Contribution	Nature of Activity Topic	Place
<b>Dr. Sathuluri Ramachandra Rao, Reader, Department of Reproductive Biomedicine</b>				
1.	24 <sup>th</sup> - 28 <sup>th</sup> February, 2020	Keynote speaker	Paper presented: "Nano/micro fabricated devices for Single-cell Screening and Analyses" in the International Workshop on Microfluidics (IWM-2020)	Shiv Nadar University, Greater Noida, India
<b>Dr. Ankur Yadav, Assistant Professor, Department of Communication</b>				
1.	27 <sup>th</sup> February, 2020	Resource person	Spiritual Health in the GDC fellowship Programme in Public Health Management	India Habitat Centre, New Delhi
<b>Dr. Monika Saini, Assistant Professor, Department of Social Sciences</b>				
1.	13 <sup>th</sup> March, 2020	Member	Meeting: National List of Essential Assistive Technology (NLEAT)	ICMR Hqrs, New Delhi
<b>Dr. Dharmendra Kumar Yadav, Assistant Professor, Department of Statistics and Demography</b>				
1.	19 <sup>th</sup> February, 2020	Expert member	Interview of Lead Consultants	NHSRC, New Delhi

## Research Activity

S. No.	Title of the Activity	Nodel Officer/Principal Investigator	Status
1.	Evaluation of Hospitals for the Kayakalp Award Scheme 2019-20	Prof. Harshad Thakur Dr. V. K. Tiwari	Completed
2.	Evaluation of Strengthening State Drug Regulatory System	Dr. T. G. Shrivastav Dr. V. K. Tiwari Dr. Rajesh Kumar	Yet to be completed due to Covid-19.
3.	Rapid Appraisal of "Strengthening of Food Testing System including Provision of Mobile Testing Labs (SOFTTEL)" in the Country	Dr. T. G. Shrivastav Dr. V. K. Tiwari Dr. Rajesh Kumar	Yet to be completed due to Covid-19.
4.	Evaluation of Central Sector Scheme of Development of Nursing Services	Dr. Nanthini Subbiah	Yet to be completed due to Covid-19.
5.	Evaluation of National Organ & Tissue Transplant Programme.	Dr. V. K. Tiwari Dr. Rajesh Kumar	Yet to be completed due to Covid-19.

## Books/Monograph/Papers Published

S. No.	Authors	Title of the Publication	Name of the Journal
1.	Shetty GM, Solanki U, Jain S, Linjhara S, Anandani G, Ram CS, and <b>Thakur H</b>	Efficacy of an integrated, active rehabilitation protocol in patients $\geq 65$ years of age with chronic mechanical low back pain	European Spine Journal. 2020; 29: 586-595
2.	Ganorkar S, Kabir ZN, Rustomfram N, and <b>Thakur H</b>	Experiences of Older Persons in Seeking Care at a Private Hospital in Urban India	Journal of Gerontology and Geriatric Medicine. 2020; 6:
3.	Chauhan D, <b>Yadav A</b> and <b>Das JK</b>	An Assessment of Health Communication Activities through Project Implementation Plan (PIP) for the period 2012-2017	Health and Population: Perspectives and Issues. 2018; 41(3&4): 110-115.
4.	<b>Sherin Raj TP, Tiwari VK</b> and Singh JV	Regional Variation in Contraceptive Use in Rajasthan: Demographic and Socio-Economic Challenges.	Health and Population: Perspectives and Issues. 2018; 41, (1& 2): 35-56
5.	<b>Bhole V</b> and Joon V	Supporting the Sustainable Development Goals by Addressing Household Energy Issues.	Health and Population: Perspectives and Issues. 2018; 41(3&4): 129-139
6.	<b>Halkar G</b>	Information Literacy (IL): Essential Skills for the 21 <sup>st</sup> Century	Indian Journal of Library and Information Science. 2019; 13(3):173-178

S. No.	Authors	Title of the Publication	Name of the Journal
Edited article by Dr. Harshad Thakur, Director, NIHF			
1.	Dinov ID (2020)	Modernizing the Methods and Analytics Curricula for Health Science Doctoral Programs as Associate Editor	Frontiers Public Health. 2020; 8: 22

## Trainings Conducted

S. No.	Name of Training Course	Dates	Course Coordinator	No. of Participants
1.	4th Foundation Training Programme (FTP) for General Duty Medical Officers (GDMOs) of Central Health Services (CHS)	December 16, 2019 January 25, 2020	Dr. T. G. Shrivastav	85
2.	Training of Cold Chain Technician on Repair & Maintenance of Ice Line Refrigerator (ILR), Deep Freezer (DF) & Voltage Stabilizer	January 8-16, 2020	Prof Sanjay Gupta	18
3.	11 <sup>th</sup> National batch of Training on Vaccine and Cold Chain Management (T-VaCC)	January 27-31, 2020	Prof Sanjay Gupta	23
4.	Training Course on Health System Management for Strengthening District Health Care Delivery Services in India	February 3-7, 2020	Prof. M. K. Mallick	23
5.	Training programme on Gender Based Violence and Human Rights for promoting women's health	February 3-7, 2020	Dr. Meerambika Mahapatro	29
6.	Training Course on Health System, Structure and Services	February 26-28, 2020	Prof. M. K. Mallick	29
<b>Extramural Training Courses</b>				
7.	State EVM Assessment of Andhra Pradesh and Assam	February 5-15, 2020 and February 18-28, 2020	Prof Sanjay Gupta	26 64

## HPPI Journal

NIHF has been bringing out an inter-disciplinary quarterly journal, Health and Population: Perspectives and Issues (HPPI), since 1978 with the ISSN number: 0253-6803. The journal is indexed in Google Scholar. Currently, we are in the process of publishing some issues of 2020 which will be theme-based on Covid-19. During this period, we have published two issues of HPPI journal, Volume: 42, Numbers 1&2 and Volume: 42, Numbers 3&4, 2019.

HPPI publishes papers of scientific and educational interest based on primary or secondary data as well as reviews in the areas of Health, Family Welfare, and Population. The scope of the Journal covers original writings on the four dimensions of health- physical, mental, social and spiritual; and also population concerns, health services administration, family planning, demography, social science, behavioural science, communication, bio-medical sciences in family planning and allied subjects with emphasis on hospital administration and community health management. HPPI is a peer reviewed journal. Manuscripts are blind reviewed by experts in the relevant fields. Acceptance of the paper for publication is based on the originality of the work or ideas discussed, substance, and clarity of presentation.

### Editorial Board

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### Health and Population: Perspectives and Issues

**A Journal of the NIHF**

**Submissions open for the next issue. The research/review/survey papers can be submitted to the Editor, HPPI.**

**Email: editor@nihfw.org**

*Guidelines for authors are available on the website of NIHF: www.nihfw.org*

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